



## Bali Shopping Haven

The Balinese are well-known for their great artistic talents, their creativity translated into a wide range of items, from clothing to ceramics. Bali is a treasure trove of fine art and handicrafts, antique and semi-antique furniture, paintings, exquisitely crafted gold and silver jewelry, Balinese paintings, wood and stone carvings, masks, woven and dyed fabrics.

Shopping in Bali can offer excellent bargains. Catering mostly to tourists, shops sell modern artwork, leather goods, casual summer clothing and of course beach wear, shoes, CDs, T-shirts, furniture as well as knick-knacks.

### SOUVENIRS & CEREMONIAL ITEMS

**Segara Windhu** is a one-stop-souvenir shopping destination. It sells aromatherapy products, ethnic Balinese accessories, and many more. Address: Batubulan, Gianyar. Tel.: (62-361) 299 057.

**Kuta Art Market** has numerous shops and stalls selling a wide variety of goods, from beach sarongs, printed T-shirts, handicrafts, jewelry, clothing, to furniture and leather goods.

**Legian Art Market** is packed with shops and stalls selling souvenirs and surf wear that will remind you of your visit to Bali.

**Sukawati Art Market** offers a tempting range of Balinese goods in one place, such as clothes, paintings and statues, jewelry and also Balinese ceremonial items.

### INTERNATIONAL BRANDS

**Kuta Square**, Kuta Center and Discovery Shopping Mall are classy shopping spots housing well-known local retailers, the Centro Life Department Store and international F&B outlets.

### BASKETRY

**Sono** is the home of bamboo furniture and mats as well as interesting items from lontar leaf.

**Ubud Art Market** is an interesting place to find local handicrafts, such as baskets and rattan weavings.

**Tenganan Bali Aga** in Pegerinsingan, Kecamatan Manggis, Kabupaten Karangasem also produce baskets and other plaited items using the bark of the atao tree.

### TEXTILE

**Sari Amerta Batik Collection** offers exquisite Balinese hand-painted and stamped Batik in a wide variety of designs and items, from shawls to sandals. A workshop provides visitors with an interesting glimpse of the weaving process. Address: Batubulan, Gianyar. Tel.: (62-361) 299 057

**The village of Tenganan Bali Aga** (home of the original Balinese people) in Pegerinsingan, Kecamatan Manggis, Kabupaten Karangasem is the only place in Bali that produces Geringcing, the double ikat cloth.

**Gelgel** is famous for their silk songket cloths. Workshops in the area produce everything from traditional headscarves, sarongs to tablecloths and wall hangings.

**Dian's**, Jl. Gaduh No. 16, Gelgel, Klungkung, Tel.: (62-366) 240 08

**Erlangga Market** on Nusa Kambangan Street and Pekambangan Street offers a wide variety of textile goods; bed sheets, curtains and Balinese ikat weavings.

**Uluwatu Handmade Balinese Lace** produces delicately embroidered garments from cotton, silk.

### WOODCARVINGS

**Mas** is a village of wood-carvers. Using highly artistic skills that have been passed down through generations, the carvers produce intricate carvings that reflect their views of life as they see it.

**Rai Woodcarver**, Desa Mas, Ubud, Tel.: (62-361) 975 250

**Tegalalang** woodcarving displays a new style of very colorful carvings of flowers, animals and other designs that resemble their real shapes and colorings.

### STONE SCULPTURES

**Stone Figures** on the roadside mark the village of Batubulan, famous for its stone carvings and antiques.

### HOMEWARES & FURNITURE

Ngurah Rai Street or The Bypass has stores lined along the road selling antiques, pottery, natural stone and furniture stores. Deco Gallery, Jl. Bypass Ngurah Rai 273, Sanur, Tel.: (62-361) 281 027

### CERAMICS & POTTERY

**Jenggala Gallery**, Jl. Uluwatu II, Jimbaran, Tel.: (62-361) 703 311

### PAINTING

Ubud is the center of Balinese dancing, painting and wood panel carvings. It is also popular as an artists' village. Ubud's museums displaying works of local and international maestros, such as Antonio Blanco, Le Mayeur, Hans Snel, Agung Rai, Sumertha, Rudana, Sika and Neka. Beautifully landscaped gardens and graceful Balinese architecture are the trademarks of these museums.



## Bali Archipelago

**Kamasan** is popular with its own style of painting called Kamasan which use black ink and natural pigments and in the style of the wayang. Dogol Classical Wayang Kamasan, Banjar Sangging, Klungkung, Tel.: (62-366) 247 94

**The Villages of Tenganan Bali Aga** in Pegerinsingan, Kecamatan Manggis, Kabupaten Karangasem are famous not only for their double ikat cloths but also for their unique paintings on lontar.

### JEWELRY

**Celuk** and **Singapadu** are noted for fine gold and silver jewelry of innovative designs made using age-old techniques. Art galleries and workshops offer lovely hand-crafted gold jewelry of traditional Balinese designs.

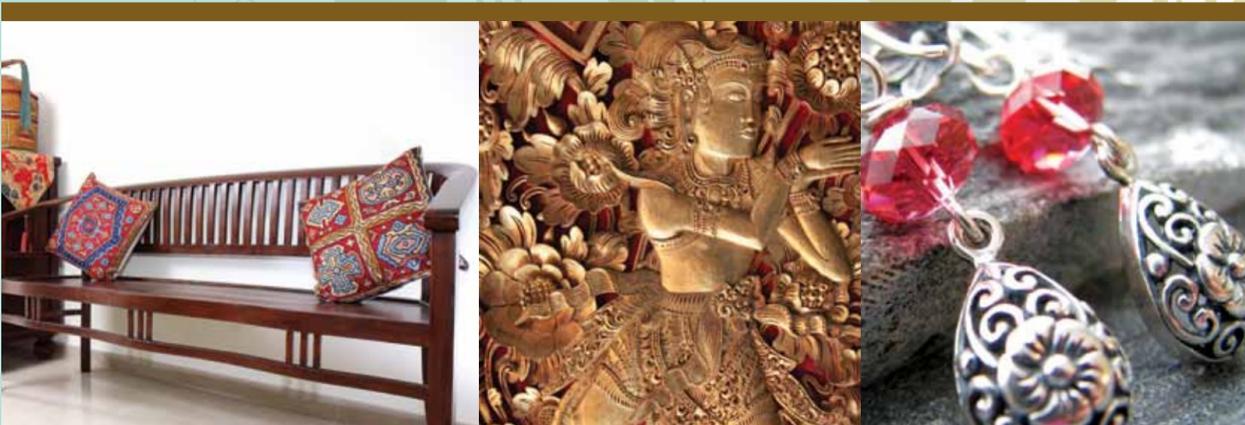
**Nadia's** in Ubud offers some of the finest pieces in silver and gold. See the silversmiths at work in the workshop. Address: Jl. Raya Singapadu, Br. Sengguan, Sukawati, Gianyar, Tel.: (62-361) 294 424

**Wirata Jewelry**, Address: Br. Seseh, Singapadu, Sukawati, Gianyar, Tel.: (62-361) 298 365

**Gala Silver**, Address: Br. Seseh, Singapadu, Sukawati, Gianyar, Tel.: (62-361) 295 647

**The Bali Pearl**, Address: Kompleks Ruko Simpang Dewa Ruci #6, Jl. Bypass Ngurah Rai, Tel.: (62-361) 765 656, www.thebalipearl.com

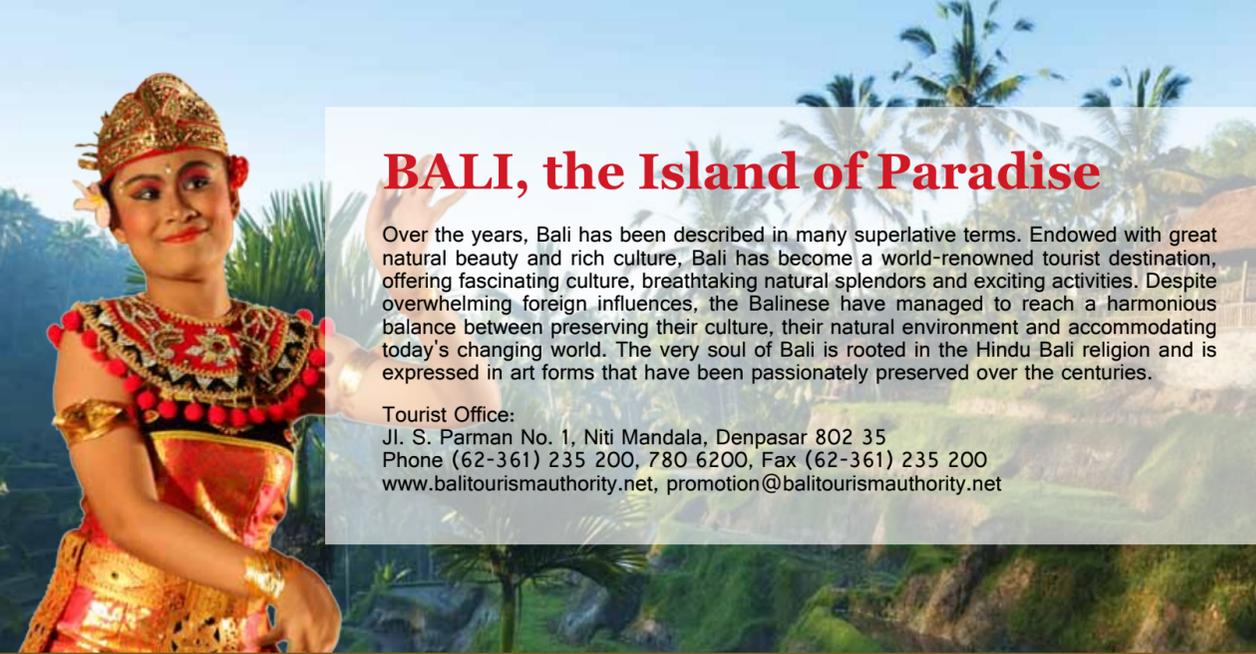
**Bali Beads House**, Jl. Raya Celuk, Sukawati, Gianyar, Tel.: (62-361) 298 903



wonderful

# Bali





## BALI, the Island of Paradise

Over the years, Bali has been described in many superlative terms. Endowed with great natural beauty and rich culture, Bali has become a world-renowned tourist destination, offering fascinating culture, breathtaking natural splendors and exciting activities. Despite overwhelming foreign influences, the Balinese have managed to reach a harmonious balance between preserving their culture, their natural environment and accommodating today's changing world. The very soul of Bali is rooted in the Hindu Bali religion and is expressed in art forms that have been passionately preserved over the centuries.

Tourist Office:  
Jl. S. Parman No. 1, Niti Mandala, Denpasar 802 35  
Phone (62-361) 235 200, 780 6200, Fax (62-361) 235 200  
www.balitourismauthority.net, promotion@balitourismauthority.net



Sanur Beach



Tanah Lot



Terrace Rice Field

## Places of Interest

**Denpasar.** The Capital City of Bali, Denpasar has many community temples called 'Pura'. Dedicated to the Supreme God, Sang Hyang Widi Wasa, the Pura Jagatnatha Museum offers a fine variety of prehistoric and modern art, and its architectural design is based on that of a palace. The 'Sanggraha Kriya Hasta' has a wide variety of handicraft and works of art. The 'Werdi Budaya' presents a yearly art festival between June and July, with performances, exhibitions and an art contest.

**The Museum of Le Mayeur,** Kelandis Village was established by a Belgian artist, Le Mayeur. It is located about 200 meters to the north of the Grand Bali Beach Hotel. The main attraction of the museum are paintings by Ni Polok, a local Balinese woman and a famous Balinese dancer, who is also Le Mayeur's wife.

**Sanur Beach** is only a short drive from downtown Denpasar. This calm and relaxing beach retreat offers many good hotels, restaurants, shops and other tourist facilities. Offshore reefs protect the beach and make it popular for windsurfing, boating and other water sports. Werdhi Budaya Art Center is a tertiary

Conservatorium, Dance and Drama School for traditional Balinese performing arts.

**Kuta Beach** is famed the world over as a haven for surfers and sunbathers and for its beautiful sunset vistas. Kuta Village abounds with restaurants, shops and vibrant night life. Balinese music and dance shows are regularly performed in Kuta, some on a nightly basis.

**Batubulan.** Driving northeast from Denpasar, stone sculptures on the roadside mark the location of Batubulan Village. Divinities and demons are carved from sandstone to adorn houses and temples. Workshop visits are available.

**Batuan** is an old and well-known center for the arts, famed for its dancing, wood panel carving and paintings.

**Celuk.** Located northeast of Denpasar, the Village of Celuk is know for its silver and gold works of jewelry.

**Mas.** This is a village of wood carvers. Many of Bali's old masters still reside here. The town's art galleries exhibit some of their best works. Visitors can wander through Balinese-style houses to view the carved wooden pillars and the artists instructing apprentices.

**Ubud** is the center of Balinese paintings. The main museum at Ubud, Puri Lukisan, has a permanent collection of modern works of Balinese art dating from the turn of the century. There are several art galleries and homes of famous artists such as Dutch-born Hans Snel and American Antonio Blanco. Ubud has a cool and pleasant air with beautiful scenery of lush terraced paddy fields.

**Kintamani.** The villages of Kintamani and Penelokan present a splendid view of Lake Batur and the active Mount Batur. The caldera of Mt. Batur is 7 miles in diameter and 60 feet deep. From Penelokan, a road leads to Kedisan on the shores of the lake, where boats can be hired to cross over to Trunyan Village. This ancient village is inhabited by people who call themselves 'Bali Aga' or 'original Balinese', and have maintained many of their old ways until now.

**Klungkung.** This is the former seat of the Javanese Hindu kingdom in Bali, from which Balinese royalty draws its bloodline. Klungkung was the oldest kingdom on the Island and its 'Raja' the most exalted. The Kerta Gosa or Royal Court of Justice, built in the 18th Century, is known for its ceiling murals, painted in the traditional Wayang style, portraying punishment in hell and rewards in heaven. The floating pavilion, garden and lotus ponds in this walled-in complex are a reminder of the former glory of this kingdom.

**Besakih.** Known as the 'Mother of Balinese Temples', the sanctuary of Besakih on the slopes of Mount Agung, is the largest and holiest of the Balinese temples. Over a thousand years old, steps ascend through split gates to the main temples dedicated to the Trinity of Shiva, Brahma and Vishnu. To the Balinese, a visit to the temple's sanctuaries is a special pilgrimage. From Besakih, the sight of Mount Agung itself is impressive.

**Bedugul.** The mountain resort of Bedugul, 18 kilometers north of Denpasar, is known for its excellent golf course. Located on the shores of Lake Bratan, it is surrounded by forested hills. A beautiful

sight is the 'Ulun Danu' temple, which appears to rise out of the lake. The area offers good walks. Boats are available for water-skiing and parasailing.

**Tenganan.** Protected for centuries from the outside world by its surrounding walls, the Village of Tenganan has maintained its ancient pre-Hindu customs through a strong code of non-fraternization with outsiders. Here unique rituals, dances, and gladiator-like battles between youths take place. Tenganan is famous for its 'double ikat' woven material called Gringsing, which is supposed to provide magical protection to the wearer.

**Tampak Siring.** The temple of Pura Tirta Empul is built around the sacred spring of Tampak Siring. Over 1000 years old, the temple and its two bathing places have been valued by the people because of the spring water's curative powers. Regular purification ceremonies are held here. Specialties of the area are bone and ivory carvings.

**Nusa Dua** tourist resort is part of the Bukit Peninsula in southern Bali. Some of the most beautiful and luxurious hotels are found here. The resort is known for its clean white beaches and clear waters.

**Tanah Lot.** One of Bali's most important sea temples, the temple sanctuary at Tanah Lot is built atop a huge rock surrounded by the sea. The best time to see Tanah Lot is in the late afternoon when the temple is in silhouette.



Jimbaran Beach



Tampak Siring

## Heavenly flavors

As the majority of Balinese are Hindu, Balinese cooking seldom uses beef. However, for a region that is encircled by the sea, fish is not a dominant factor in Balinese cooking. This has to do with the traditional Balinese concept that regards the sea as a place where negative forces dwell. On the other hand, spices are never used sparingly. The Balinese believe that certain spices have qualities that can cleanse the body. Lime, chili, and salt are considered natural antibiotics.

One of the most famous dishes in Bali is Bebek Betutu or roast duck. A whole duck is rubbed with spices then stuffed with boiled cassava leaves, steamed and roasted. Another tasty duck dish is Bebek Menyatnyat or duck curry. Another typical Balinese fare is Lawar, a spicy vegetable concoction that features authentic spices, grated coconut, coarsely chopped young jackfruit, long beans, unripe papaya and slivers of meat. Bali's own version of satay is the Sate Lilit which is either duck meat or fish meat blended with spices and coconut flesh, then molded on lemon grass and grilled.

**Kunyit Bali** serves authentic Balinese cuisine, especially its duck dishes.  
Address: Jl. Pratama, Tanjung Benoa. Tel.: (62-361) 771 256

**Lais** specializes in traditional Indonesian food from across the archipelago. Legian Beach Hotel. Address: Jl. Melasti, Legian. Tel.: (62-361) 751 771

**Bumbu Bali** for genuine Balinese food cooked in the traditional way.  
Address: Jl. Pratama, Tanjung Benoa. Tel.: (62-361) 771 256



Sate Lilit Bali

## Spa sanctuaries

Spas around Bali let you connect with nature and discover inner peace through a holistic approach, using natural herbs and health and beauty treatments that pamper both body and mind.

**Four Seasons Resort Bali at Sayan.** Poised above the sacred Ayung River, Four Seasons is a sanctuary of peace and natural harmony that will restore body, mind and soul. The rich bounty of the earth is captured in the Spa's use of clays and spices, blended with freshly gathered herbs, flowers and leaves. An extensive range of massage, body and facial treatments are inspired by India's ancient health system, Ayurveda, and incorporates age-old Balinese and Javanese therapies.

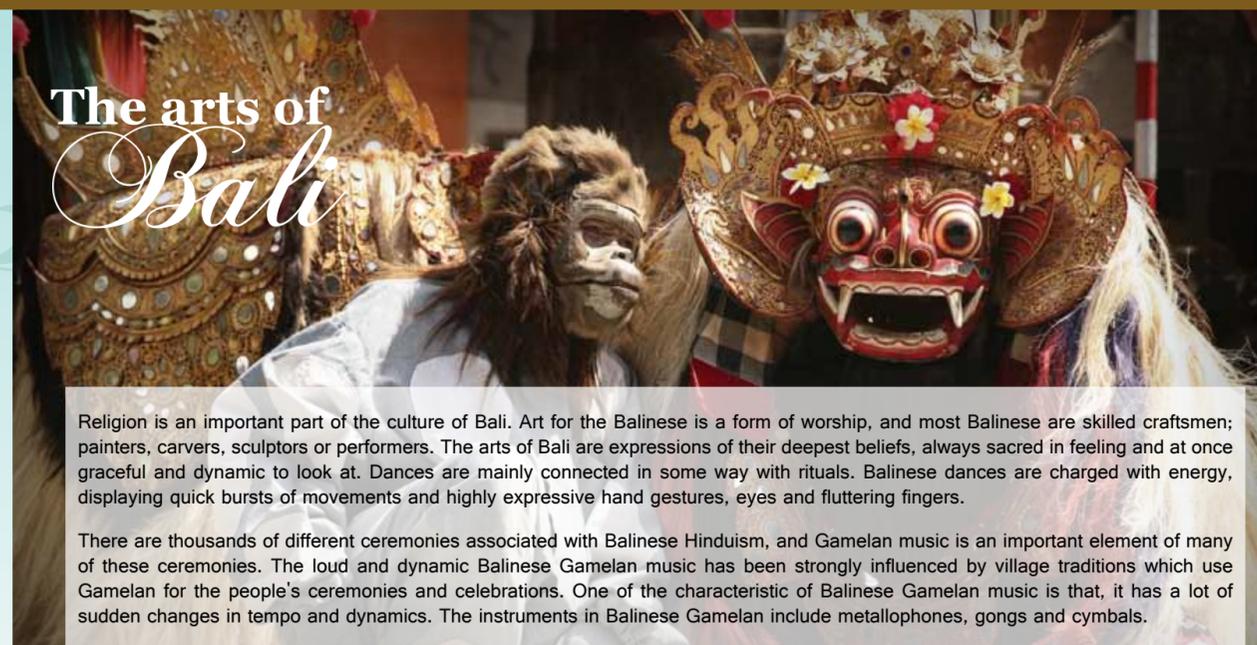
Address: Sayan, Ubud, Gianyar, Bali 80571,  
Tel.: (62-361) 977 577, Fax. (62-361) 977 588  
Website: www.fourseasons.com/locations/bali/

**The Ritz-Carlton.** Beautiful views of sparkling Indian Ocean and lush tropical gardens are the setting for the Ritz-Carlton Bali, Thalasso & Spa where Asian beauty and health treatments are harmoniously combined with European products and modern technology. The spa features the world's largest Aquatonic pool that possesses the healing qualities of mineral-rich seawater, advanced hydro-therapies and aquatic exercise programs. In the Thalasso therapy, marine elements, such as seawater, seaweed and other sea-based minerals, have both curative and preventive properties.

Address: Jl. Karang Mas Sejahtera, Jimbaran, Bali 80364  
Tel.: +62 361 702222, Fax. +62 361 705 084  
E-mail: spa.reservation@ritzcarlton-bali.com  
Website: http://www.ritzcarlton.com/resort/bali/spa

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Tel.: (62-361) 702222, Fax: (62-361) 701 555  
E-mail : michi@ayanaresort.com  
Website : www.ayanaresort.com



## The arts of Bali

Religion is an important part of the culture of Bali. Art for the Balinese is a form of worship, and most Balinese are skilled craftsmen; painters, carvers, sculptors or performers. The arts of Bali are expressions of their deepest beliefs, always sacred in feeling and at once graceful and dynamic to look at. Dances are mainly connected in some way with rituals. Balinese dances are charged with energy, displaying quick bursts of movements and highly expressive hand gestures, eyes and fluttering fingers.

There are thousands of different ceremonies associated with Balinese Hinduism, and Gamelan music is an important element of many of these ceremonies. The loud and dynamic Balinese Gamelan music has been strongly influenced by village traditions which use Gamelan for the people's ceremonies and celebrations. One of the characteristic of Balinese Gamelan music is that, it has a lot of sudden changes in tempo and dynamics. The instruments in Balinese Gamelan include metallophones, gongs and cymbals.